

		Lundi	Mardi	Mercredi	Jeudi
<b>Synthétique</b>	17:30	CDC U9 & U10	CDC U9 & U10	CDC U11 & U12	CDC Option 2 U9 à U12
	18:00				
	18:30				
	19:00				
	19:30	U14F & U17F LDIR	U16M LDIR/LDP	U14M LDIR	U16M LDIR/LDP
	20:00				
	20:30			U13M+	U18M LDIR
	21:00				
	21:30				
	22:00				
<b>L'Étape</b>	17:30	CDC U6	CDC U4	CDC U5	
	18:00				
	18:30				
	19:00				
	19:30	U14M LDIR	U18M LDIR	U14F & U17F LDIR	U13M+
	20:00				
	20:30				
<b>Golden Valley</b>	17:30	CDC U7 & U8	CDC U11	CDC U7	CDC U8
	18:00				
	18:30				
	19:00		CDC U12		
	19:30				
	20:00				
	20:30				